



# PARENTS' PAGE

Volume 12, Number 21

Friday, January 29, 2010

*"I seek you with all my heart;  
do not let me stray from your commands."*

*Psalm 119:10*

## Note From Dr. Wrobbel

Report cards come home today. This is an excellent time to sit down with each of your children and talk about how they are doing and what they are learning. One of the skills you can help us reinforce at home with your students is the skill of reflecting about what one is learning. In intellectually pondering on their learning, students can learn to carefully consider what they're learning, what they value about it, what more they want to learn, and what they need to practice. They can also hear you reflect on why you value education and that you support and love them. Even though there are days when you feel like your children never listen to you, you are still the most important and influential person in your child's life. The research on this is clear - parents who know their children's whereabouts after school and who know their children's friends and activities have been linked with higher levels of self-esteem, higher grades in school, and greater academic success, as well as lower levels of withdrawal, depression, fighting, drinking, smoking and engaging in other risky behaviors. Eating meals together also has positive effects, allowing time for children and parents to communicate and spend time together. Family meals are associated with less substance use, delinquency and depression, as well as better grades and more nutritious eating habits. Unfortunately, just four out of 10 adolescents eat a meal with their family six to seven days a week. It's clear that parents continue to act as role models and mentors even as children grow into their teenage years. Don't shortchange your influence. Your kids will thank you -- someday. Thank you again for giving us the privilege of being partners with you in the exciting process of growing champions for Christ. Let's all stay fully committed.

## Vision 2020

There is a flyer included in Tyveks today with important details regarding "Vision 2020", TOCA's strategic road map for the next ten years. It is important that each family be represented at this meeting. Please complete the response section and return it to the office on Monday. Dessert and coffee will be served at 6:45 p.m. and the meeting will begin promptly at 7 p.m.

## Report Cards

Please take the time to review the progress reports sent home today, sign where indicated, and return them to the office no later than Monday, 2/8. For students in grades six through eight, parents need to sign and return the envelopes only. Specific questions regarding grades and/or comment codes need to be directed to the appropriate teacher.

## New Family

Help us welcome the Schoepkes (Caleb-preschool) to our TOCA family!

## Short on Slices

We have found that on previous Fridays, there has been a shortage of pizza as a result of on-the-spot purchases. In order for us to have the correct amount, we must know by Wednesday if you are planning to purchase extra slices outside of our regular order.



# TOCA Jr. High Honor Roll

Jr. High 2009 – 2010  
2nd Quarter High Honor Roll

Allison Arkell  
Kira Berndt  
Dakota Bliler  
Noah Cohen  
Meagan Cufu  
Talia Duzey  
Samantha Freres  
Grant Gassensmith  
Emma Gold  
Alec Haglund  
Thaddeus Kaszuba  
Tyler Kempa  
Daniel Klockenga  
Abby Mann  
Elly Mann  
Haley Meyer  
Tyler Meyer  
James Mikolajczewski  
Shannon Morrison  
Mary Morrissey  
Brad Mugler  
Kayla Podgorski  
Emma Porter  
Samantha Rzany  
Tristan Sullivan  
Josie Wynsma  
Mady Wynsma

Jr. High 2009 - 2010  
2nd Quarter Honor Roll

Tim Beecroft  
Alec Berndt  
Lucy Bock  
Brandon Cufu  
David Dyer  
Janessa Hodge  
Austin Knauer  
Justice Lesperance  
Jamie Losey  
Lindsay McDermott  
Josh Mugler  
Matthew Panek  
Julia Pearson  
Kristen Pratt  
Alexandria Viegas  
Braden Warkentin  
Cara Wessley